VIRGINIA OAK
COUNSELING
NAVIGATING THE SEASONS OF LIFE

Gender Exploration Support Group

Thursdays throughout the Winter

1/13, 1/27, 2/10, 2/24, 3/10 & 3/24
5pm-6pm
BCBS, Anthem, United insurance accepted
8805 Sudley Rd, Suite 202, Manassas, VA 20110

A support group style counseling session for the exploration of gender along the full spectrum. Transgender, non-binary, gender fluid, and every one else in-between.

We will discuss what gender means to you,
what expression is like,
and manage the hurdles that happen when coming into your own.

Safe space for adults and teenagers 16+. (Adolescent participants must have consent from a parent).

Registration and more information: contact@vaoakcounseling.com
SPACE IS LIMITED, SIGN UP NOW

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